

# Parent/Guardian Workshops

## Paramus Public Schools

Raising Resilient Kids '22-'23

In Partnership with Care Plus, NJ

### *Upcoming Workshop*

#### **Reset, Reflect, and Refresh: Planning for a Positive 2023**

During this upcoming workshop, the clinicians will provide psychoeducation and discuss factors that can impact a child's motivation to learn. Strategies to assist families in creating an effective daily routine and increase child motivation will be discussed.

Through a facilitated discussion and Q&A, parents will be given the opportunity to ask questions and receive feedback and ideas from district clinicians.

**Date:** Wednesday, January 18, 2023

**Time:** 7:00 PM (1 Hour)

**[Click HERE for the Zoom link](#)**

at the time of the workshop