

PARAMUS PUBLIC SCHOOLS INVITES YOU TO

THE MANY FACES OF GRIEF: COPING WITH LOSS IN DIFFERENT FORMS



IN THIS WORKSHOP, WE WILL EXPLORE:

1. What is Grief?
2. Different Types of Loss – Discussing losses children may experience, such as:
 - Losing a loved one (family member, friend, pet)
 - Moving away or changing schools
 - Parents separating or divorcing
 - Losing a friendship
 - Missing out on special events or routines
3. How Grief Feels
4. Healthy Ways to Cope
5. Resources

Join us virtually on Wednesday, February 26 @ 6:30 PM



<https://paramusschools.zoom.us/j/87309535408?pwd=4B17ZSA36IFv8JTswbcu3lu5AN3Mfy.1>

