



SPARTANS CAFE TIMES



Learn more about your cafeteria and what is coming soon!

WHAT'S HAPPENING!



Our middle schools and high school have been very busy with promotions all year long. The cafeterias have also been featuring homemade soups, such as Loaded Baked Potato with Local Golden Potatoes, Minestrone, Italian Wedding, and Broccoli and Cheddar.



CAFETERIA ENHANCEMENTS

New to the district! All of our elementary school students are dining in central areas. This gives students the opportunity to socialize more with their friends while enjoying their meals.

New warmers have been added at all elementary schools to keep freshly prepared meals hot and fresh for students.

Specials offered this month include Grilled Chicken over Penne with Pesto and Local Spinach and Chia Seed Pudding with Berries.

In April students will enjoy Chicken, Salsa Verde and Cheese Tamales or Two Cheese and Green Chile Tamales served with Rice and Beans. For Cinco de Mayo we will bring it back and add local Radish Slaw.



Some of the promotional events that have taken place at our schools, are made-to-order Omelets, Sushi, Smoothies, Waffles, Ramen Bowls and our popular *Flavors Around the World* promotion that takes place every March!

REMINDERS:

FREE AND REDUCED MEAL APPLICATIONS

Free meals are available for qualifying students.

- Complete the Free & Reduced application on Genesis to apply.
- All lunch entrees come as a complete meal with milk and choice of fruits and vegetables.

Scan QR Code
for application



ELEMENTARY PRE-ORDER BREAKFAST AND LUNCH

- Place breakfast orders by noon 2 days prior to service.
- Breakfast consisting of a cereal meal with graham crackers, fruit, and milk will be served during snack time.
- Place lunch orders by 7am the day of service. You may order by the day, week, or a month in advance.



Scan QR Code
to preorder meals

Cancellations can be made on the website prior to 7am. Please contact gpavan@paramusschools.org with any questions or concerns.

Contact Us *Gianna Pavan-Perez*

Food Service Director
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gpavan@paramusschools.org

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Have dietary questions about meal service?

Contact:

Nicole Kuperus
Paramus District Dietitian
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menus!*



[Learn more about the Paramus menu](#)